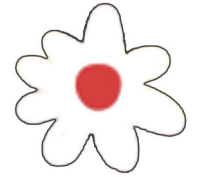


Pressed Flowers



SUPPLIES

- Flowers
- Newspapers (black and white only)
- Scissors
- Heavy Books
- Colored pens or pencils
- Corrugated cardboard

DIRECTIONS

1. Place flowers between 10 sheets of newspaper (Note: Put 5 sheets of newspaper with no flowers on them, then put flowers on five separate pieces of newspaper and add more pieces of blank newspaper to the top. The blank newspapers act as blotting paper). You can put several flowers on one layer, but make sure the flowers don't touch.
2. Place a piece of corrugated cardboard over the newspaper. For each set of flowers you want to press, add layers of newspaper and cardboard.
3. Place several books on top of the stack of cardboard and newspapers
4. Keep your pressed flowers in a warm, dry room for about 3 weeks. Remove the books and gently separate the flowers from the newspaper. If the flowers feel stiff and dry, they're ready to use.

Pressed flowers can be used to decorate bookmarks, postcards, stationery, or for decorations in scrapbooks. Be creative and have fun!

